

**EXERCISE 1**

**Psychology & Human Behaviour**

embarrassed	comparison	unable	appreciate	commit	average
generally	repeated	indeed	pretend	annoyed	attraction

1. Two people who spend a lot of time together often feel a natural \_\_\_\_\_ that neither of them expected when they first met.
2. Children sometimes \_\_\_\_\_ to be ill to avoid going to school, but most parents can quickly tell the difference between a real symptom and a made-up one.
3. A \_\_\_\_\_ pattern of negative thinking — expecting things to go wrong every day — is very hard to break without some outside help.
4. Judging someone's skills by making a direct \_\_\_\_\_ with a more experienced colleague is rarely fair, since people learn at very different speeds.
5. Many people feel deeply \_\_\_\_\_ when they make a mistake in public, even when the error is small and nobody around them actually noticed.
6. Children who are praised regularly for their effort — not just their results — \_\_\_\_\_ grow up to be more confident, according to most psychologists.
7. Changing a habit that you have had for many years is \_\_\_\_\_ harder than people expect, which is why small, steady steps work better than big sudden changes.
8. Being able to stay calm when plans change without warning, rather than feeling \_\_\_\_\_, is one of the most useful skills a person can develop.
9. People who take time to \_\_\_\_\_ the small kind things others do for them tend to have better relationships and feel happier in general.
10. When progress is slow and results are not yet visible, it takes real effort to \_\_\_\_\_ to a long-term goal.
11. Criticism delivered kindly and with good intentions can still leave some people feeling \_\_\_\_\_ to accept it, because they see it as a personal attack.

**EXERCISE 2****Architecture, Cities & Urban Life**

convenient	ceiling	setting	location	security	commercial
neighbourhood	organized	entrance	typically	central	decorate

1. Two tall stone columns and a wooden door marked the main \_\_\_\_\_ to the old library, which had been in the same spot since 1887.
2. She grew up in a quiet \_\_\_\_\_ with tree-lined streets, small local shops, and a park where children played after school.
3. The new concert hall was built in a \_\_\_\_\_ position in the city, just a short walk from the train station and easy to reach from anywhere.
4. Before signing a lease, it is worth checking the \_\_\_\_\_ carefully, since noise levels, transport links, and nearby shops affect daily life more than most people expect.
5. After several break-ins, the building's \_\_\_\_\_ system was upgraded and residents now need a key card to enter both the main door and the car park.
6. The \_\_\_\_\_ of the great hall rose more than fifteen metres above the floor and was painted with colourful panels showing the history of the city.
7. The ground floor was used for \_\_\_\_\_ purposes — a café, a pharmacy, and a small supermarket — while the upper floors were all apartments.
8. For people who commute every day, living near a metro station is extremely \_\_\_\_\_, as it removes the need for a car and saves a lot of time.
9. The festival ran smoothly all weekend, largely because it was so well \_\_\_\_\_, with clear signs and enough staff at every entrance.
10. With its old stone houses and dramatic views, the mountain village was a perfect \_\_\_\_\_ for the film and made every scene look naturally beautiful.
11. New apartment buildings in this city \_\_\_\_\_ include a rooftop terrace, a gym, and a shared workspace, as these are features younger residents now expect.

**EXERCISE 3****Money, Work & Economic Choices**

unemployed	account	balance	worth	receipt	addition
simply	invest	plenty	spending	hardly	discount

1. Many financial advisers suggest that people put a small part of their salary aside each month and \_\_\_\_\_ it, even when the amounts seem very small.
2. When you track your monthly \_\_\_\_\_ by category — food, transport, entertainment — you start to notice habits that are easy to change.
3. Always keep the \_\_\_\_\_ when you buy something expensive, because you will need it as proof of purchase if something goes wrong with the product.
4. Students with a valid university card were offered a twenty percent \_\_\_\_\_, which helped a lot when buying textbooks and stationery.
5. Being \_\_\_\_\_ for a long time affects not only a person's finances but also their confidence and sense of purpose, which is why job centres also offer counselling.
6. When running a small business, it is important to keep a careful \_\_\_\_\_ of all expenses, as small errors can cause serious problems at tax time.
7. Some of the best job opportunities come not from formal applications but \_\_\_\_\_ from knowing the right people and being in the right places.
8. Deciding how to \_\_\_\_\_ saving with spending is one of the most personal financial choices a young adult has to make.
9. Before accepting a job offer, it is worth thinking about whether the salary is truly \_\_\_\_\_ the commute, the hours, and the working conditions.
10. Once the desks were moved around, the new office space was \_\_\_\_\_ big enough for the whole team, so they did not need to move to a bigger place.
11. There is \_\_\_\_\_ of evidence showing that flexible working hours increase productivity, yet many companies are still slow to introduce them.

**EXERCISE 4****Literature, Storytelling & the Written Word**

further	relate	summary	written	content	journal
pleasure	fascinating	producer	viewer	romantic	stranger

1. The novel was \_\_\_\_\_ in the first person, so readers could hear the narrator's exact thoughts and feel close to the story from the very first page.
2. Many therapists suggest keeping a personal \_\_\_\_\_ as a simple way to deal with difficult feelings and notice how your mood changes over time.
3. The best stories are those readers can truly \_\_\_\_\_ to — they feel real even when the setting is completely made up.
4. The film's \_\_\_\_\_ refused to change the ending, saying that rewriting it just to please test audiences would ruin the whole point of the story.
5. A long report should open with a short \_\_\_\_\_ so the reader can understand the main findings in just a few sentences before reading on.
6. Set in nineteenth-century Paris, the novel told a deeply \_\_\_\_\_ story of two people from very different backgrounds who fell in love against all the odds.
7. In many classic stories, a \_\_\_\_\_ comes to a quiet town and changes everything, making the other characters question things they had never thought about before.
8. What a story is really about below the surface — its deeper \_\_\_\_\_ — is often more interesting than the plot itself, and good writers build this in carefully.
9. The story of the printing press is \_\_\_\_\_ because one invention changed education, religion, and politics all at the same time, within just a few decades.
10. Each \_\_\_\_\_ of the documentary was left wanting to know what happened next, which is exactly what the director planned when designing each episode.
11. Reading for \_\_\_\_\_ — with no target or deadline — is still one of the best ways to build vocabulary and get a natural feel for how a language works.

**EXERCISE 5****Food, Cooking & Taste**

spicy	heating	smooth	double	fry	dislike
container	sample	deliver	pleasant	favour	custom

1. Leftover soup should be kept in a sealed \_\_\_\_\_ in the fridge and eaten within two days, or frozen straight away if you want it to last longer.
2. Many people who avoided \_\_\_\_\_ food as children start to enjoy it as adults, especially after visiting countries where chilli is used in most dishes.
3. Some chefs \_\_\_\_\_ simple, good-quality ingredients over complicated techniques, saying that the best cooking is mostly about not overdoing things.
4. The smell of freshly baked bread is one of the most \_\_\_\_\_ aromas in the world, which is why some estate agents suggest baking before buyers come to visit.
5. Many recipes ask you to \_\_\_\_\_ the onions slowly in butter until they are soft and golden before you add anything else to the pan.
6. In many cultures, sharing food with guests is a long-standing \_\_\_\_\_, and saying no to the offer can sometimes cause offence even when none was intended.
7. Visitors to the market were invited to \_\_\_\_\_ cheeses from several different regions before choosing which ones to buy, which made the experience much more enjoyable.
8. A surprising number of people \_\_\_\_\_ eating alone in restaurants — not because of the food, but because of how awkward they feel sitting by themselves.
9. The sauce needs to be completely \_\_\_\_\_ with no lumps before you add it to the pasta, so stir it well or use a blender if needed.
10. The recipe is for four people, but you can easily \_\_\_\_\_ the amounts if you are cooking for a bigger group — just make sure your pan is large enough.
11. Several restaurants in the city now \_\_\_\_\_ freshly cooked meals to your door in under thirty minutes, using packaging that can be recycled.

## Answer Key

### Exercise 1 — Psychology & Human Behaviour

- |                |               |
|----------------|---------------|
| 1. attraction  | 7. indeed     |
| 2. pretend     | 8. annoyed    |
| 3. repeated    | 9. appreciate |
| 4. comparison  | 10. commit    |
| 5. embarrassed | 11. unable    |
| 6. generally   |               |

### Exercise 2 — Architecture, Cities & Urban Life

- |                  |               |
|------------------|---------------|
| 1. entrance      | 7. commercial |
| 2. neighbourhood | 8. convenient |
| 3. central       | 9. organized  |
| 4. location      | 10. setting   |
| 5. security      | 11. typically |
| 6. ceiling       |               |

### Exercise 3 — Money, Work & Economic Choices

- |               |            |
|---------------|------------|
| 1. invest     | 7. simply  |
| 2. spending   | 8. balance |
| 3. receipt    | 9. worth   |
| 4. discount   | 10. hardly |
| 5. unemployed | 11. plenty |
| 6. account    |            |

### Exercise 4 — Literature, Storytelling & the Written Word

- |             |                |
|-------------|----------------|
| 1. written  | 7. stranger    |
| 2. journal  | 8. content     |
| 3. relate   | 9. fascinating |
| 4. producer | 10. viewer     |
| 5. summary  | 11. pleasure   |

6. romantic

**Exercise 5 — Food, Cooking & Taste**

1. container

2. spicy

3. favour

4. pleasant

5. fry

6. custom

7. sample

8. dislike

9. smooth

10. double

11. deliver