

## B1 Vocabulary Tests

Book 1 / Exercise 1 — Starting a Career

consequence	effort	encourage	determined
employment	experience	assignment	application
ambition	ambitious	achievement	confident

Read the text carefully. Choose the correct word from the box to complete each blank. One word does not fit anywhere in the text — mark it with ★. Write one word only per blank.

Many young people enter university with a strong sense of \_\_\_\_\_(1). They want to do something meaningful, and they work hard to get there. However, turning that dream into reality requires more than just talent. It takes real \_\_\_\_\_(2) — long hours, careful preparation, and a willingness to keep going even when things are difficult.

One of the first steps towards finding \_\_\_\_\_(3) after university is writing a strong \_\_\_\_\_(4). This document needs to show not only your qualifications but also your personality and your goals. Students who appear \_\_\_\_\_(5) on paper — because they have clear aims and can explain them well — tend to stand out from the crowd.

Of course, studying itself can be demanding. Every \_\_\_\_\_(6) has a deadline, and managing several pieces of work at once can feel overwhelming. But there is an important \_\_\_\_\_(7) to staying organised: students who plan their time carefully tend to perform better and feel less stressed.

It also helps to have people who \_\_\_\_\_(8) you. A supportive tutor or mentor can help you stay \_\_\_\_\_(9) when things go wrong, and remind you that failure is a normal part of learning. In the end, every \_\_\_\_\_(10) — however small — is worth celebrating. It is proof that you were right to feel \_\_\_\_\_(11) about your future.

# B1 Vocabulary Tests

Book 1 / Exercise 2 — Climate Action and Society

generation	immigrant	protest	illegal
official	political	election	decade
criminal	damage	campaign	environmental

★ One word does not fit anywhere in the text.

Over the past \_\_\_\_\_(1), climate change has moved from a scientific concern to a central issue in everyday life. Governments around the world have faced growing pressure to take action, and in many countries the topic has shaped the outcome of more than one \_\_\_\_\_(2). Voters — especially younger people — increasingly expect candidates to have a serious \_\_\_\_\_(3) plan before they earn their support.

Young people have been particularly active in expressing their views. In cities across Europe and beyond, members of the latest \_\_\_\_\_(4) have taken to the streets to \_\_\_\_\_(5) against what they see as a failure by leaders to act quickly enough. These demonstrations are usually peaceful, but they send a clear message: inaction has a cost.

The \_\_\_\_\_(6) caused by pollution and extreme weather events is now impossible to ignore. When flooding destroys farmland or heatwaves force schools to close, people notice. The release of \_\_\_\_\_(7) waste into rivers and oceans is not just harmful — in many places it is also \_\_\_\_\_(8), and those responsible can face serious punishment.

Despite this progress, challenges remain. A government \_\_\_\_\_(9) recently confirmed that some companies are still ignoring \_\_\_\_\_(10) rules to cut costs. Meanwhile, the debate about how to share the burden fairly — including the question of how to support every \_\_\_\_\_(11) community affected by climate-related displacement — continues without an easy answer.

# B1 Vocabulary Tests

Book 1 / Exercise 3 — Looking After Your Mental Health

mental	pleasure	suffer	mood
pressure	relaxed	frightened	fitness
breathe	emotion	benefit	happiness

★ One word does not fit anywhere in the text.

In recent years, \_\_\_\_\_(1) health has received much more attention than it did in the past. People are beginning to understand that looking after your mind is just as important as looking after your body. Yet many students still \_\_\_\_\_(2) in silence, feeling that asking for help is a sign of weakness rather than strength.

One of the most effective things you can do when you feel anxious is simply to stop and \_\_\_\_\_(3) slowly. It sounds almost too simple, but controlling your breathing brings a real \_\_\_\_\_(4) — your body becomes calmer and your thoughts become clearer. When you are \_\_\_\_\_(5) or under too much \_\_\_\_\_(6), your heart beats faster and your muscles tighten — slow breathing helps to reverse this.

Physical \_\_\_\_\_(7) also plays an important role. Exercise releases chemicals in the brain that improve your \_\_\_\_\_(8) and reduce feelings of anxiety. Even a short walk can change the way you feel within minutes. The \_\_\_\_\_(9) of moving your body regularly is well established, and it costs nothing.

Understanding your own \_\_\_\_\_(10) is equally important. When you can name what you are feeling — whether it is sadness, frustration, or simply tiredness — you are better placed to respond to it well. True \_\_\_\_\_(11) is not the absence of difficult feelings; it is the ability to manage them without letting them control your life.

# B1 Vocabulary Tests

Book 1 / Exercise 4 — How Science Works

fuel	investigate	theory	function
laboratory	experiment	effective	conclusion
analysis	conclude	analyse	explore

★ One word does not fit anywhere in the text.

Science is often described as a method for finding out how the world works. At its heart, the process is quite straightforward: you begin with a(n) \_\_\_\_\_(1) — an idea about why something happens — and then you collect information to test it. Scientists \_\_\_\_\_(2) questions that are difficult to answer using common sense alone, often spending months or years in a(n) \_\_\_\_\_(3) before reaching any firm answers.

The next step is to \_\_\_\_\_(4) the data carefully. This means looking for patterns, checking for errors, and making sure the results are consistent. A good \_\_\_\_\_(5) does not just describe what was found — it also explains what the findings mean and why they matter. This part of the process requires both technical skill and clear thinking.

Eventually, the researchers must \_\_\_\_\_(6) whether their original theory was correct. Drawing a fair \_\_\_\_\_(7) is not always easy, especially when the data is mixed or when outside factors have affected the results. A(n) \_\_\_\_\_(8) study is one where the design was strong enough to rule out most alternative explanations.

Science also depends on collaboration. No single team can \_\_\_\_\_(9) every aspect of a complex problem, so researchers share their findings and build on each other's work. In fields such as energy, for example, understanding the chemistry of a new \_\_\_\_\_(10) source requires input from physicists, engineers, and environmental scientists. Together, they help each technology \_\_\_\_\_(11) as it was designed to — safely, efficiently, and reliably.

# ANSWER KEY

## Exercise 1 — Starting a Career

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|----------------|-----------------|
| 1. ambition    | 2. effort       |
| 3. employment  | 4. application  |
| 5. ambitious   | 6. assignment   |
| 7. consequence | 8. encourage    |
| 9. determined  | 10. achievement |
| 11. confident  |                 |

★ *Distractor (not used): experience*

## Exercise 2 — Climate Action and Society

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|------------------|---------------|
| 1. decade        | 2. election   |
| 3. environmental | 4. generation |
| 5. protest       | 6. damage     |
| 7. criminal      | 8. illegal    |
| 9. official      | 10. campaign  |
| 11. immigrant    |               |

★ *Distractor (not used): political*

## Exercise 3 — Looking After Your Mental Health

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|---------------|-------------|
| 1. mental     | 2. suffer   |
| 3. breathe    | 4. benefit  |
| 5. frightened | 6. pressure |
| 7. fitness    | 8. mood     |
| 9. pleasure   | 10. emotion |
| 11. happiness |             |

★ *Distractor (not used): relaxed*

## Exercise 4 — How Science Works

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|---------------|----------------|
| 1. theory     | 2. investigate |
| 3. laboratory | 4. analyse     |

5. analysis

6. conclude

7. conclusion

8. effective

9. explore

10. fuel

11. function

★ *Distractor (not used): experiment*