

## Oxford Word List A2

Gap-Fill Exercises | Book 3 | Units 9–12

### Exercise 9

#### Food & Cooking

*Ingredients, meals and habits*

#### WORDBOX

bean	boil	bowl	cook
diet	fresh	ingredients	meal
recipe	sauce	serve	taste

★ One word does not fit any gap.

#### INSTRUCTIONS

Choose 11 words from the box to complete the text. One word is a distractor — it does not fit any gap. Write the correct word on each line.

Eating well starts with choosing good \_\_\_\_\_ (1). Many doctors say that a healthy \_\_\_\_\_ (2) includes lots of vegetables, fruit, and water. What you eat every day has a big effect on how you feel.

When you want to make a dish at home, you can follow a \_\_\_\_\_ (3). It tells you exactly what to buy and how to \_\_\_\_\_ (4) the food step by step. Most \_\_\_\_\_ (5) are easy to find online.

Some people like to \_\_\_\_\_ (6) vegetables in water for a few minutes to make them soft. Others prefer to fry them in a pan with a little oil and a simple \_\_\_\_\_ (7).

One popular and healthy food is the \_\_\_\_\_ (8). You can add it to soups or salads. When it is time to \_\_\_\_\_ (9) the food to your guests, make sure it is hot and looks nice on the plate. The \_\_\_\_\_ (10) should always be good — this is the most important thing in cooking.

It is also a good idea to use \_\_\_\_\_ (11) vegetables when you can. They have more vitamins and they taste much better than old ones.

# Exercise 10

## Sport & Competition

*Teams, rules and winning*

### WORDBOX

award	champion	coach	compete
defeat	fair	goal	match
race	score	supporter	train

★ One word does not fit any gap.

Sport is a big part of life for many people. Every week, thousands of teams \_\_\_\_\_ (1) against each other in front of large crowds. Winning is exciting, but it is also important to play in a \_\_\_\_\_ (2) way — following the rules and respecting the other team.

Before a big \_\_\_\_\_ (3), players \_\_\_\_\_ (4) very hard. A good \_\_\_\_\_ (5) helps them improve their skills and stay focused. Without regular practice, even talented players cannot play well.

In football, the aim is to score a \_\_\_\_\_ (6). The team with more points at the end wins the game. When a team loses, we say it suffers a \_\_\_\_\_ (7). But good teams learn from every loss.

At the end of a season, the best team becomes \_\_\_\_\_ (8). The players receive a trophy and sometimes a special \_\_\_\_\_ (9) for their hard work. Each \_\_\_\_\_ (10) in the stadium feels very proud.

When a player does something great, the crowd cheers and the \_\_\_\_\_ (11) goes up on the board. These moments make sport so exciting to watch.

# Exercise 11

## Cities & Public Life

*Urban spaces, services and people*

### WORDBOX

capital	citizen	community	crowded
government	law	parking	pollution
public	square	traffic	transport

★ One word does not fit any gap.

Big cities are often very \_\_\_\_\_ (1), especially in the morning and evening when people go to and from work. The streets fill up with cars and buses, and it can be hard to find \_\_\_\_\_ (2) for your vehicle.

Heavy \_\_\_\_\_ (3) is one of the biggest problems in modern cities. It causes \_\_\_\_\_ (4) in the air, which is bad for people's health. Many cities are now trying to make \_\_\_\_\_ (5) systems better so that fewer people use their private cars.

The \_\_\_\_\_ (6) has a responsibility to keep cities safe and clean. It makes decisions about \_\_\_\_\_ (7) — the rules that every \_\_\_\_\_ (8) must follow. If people break these rules, there are consequences.

A strong \_\_\_\_\_ (9) is important in any neighbourhood. When people know their neighbours and help each other, life in the city feels less lonely. Many cities have \_\_\_\_\_ (10) events where residents can meet and talk.

The \_\_\_\_\_ (11) of a country is usually its biggest city. It is where most of the important political decisions are made and where many people come to find work.

# Exercise 12

## Emotions & Relationships

*Feelings, people and social life*

### WORDBOX

argue	behave	forgive	friendship
lonely	nervous	polite	responsible
shy	support	trust	upset

★ One word does not fit any gap.

Good \_\_\_\_\_ (1) is one of the most important things in life. True friends \_\_\_\_\_ (2) each other completely. They are honest and they do not keep secrets from each other.

Sometimes people \_\_\_\_\_ (3) about small things — money, plans, or habits. This is normal. The important thing is to talk calmly and \_\_\_\_\_ (4) each other after a disagreement. Holding onto anger for a long time is not good for anyone.

It is natural to feel \_\_\_\_\_ (5) before an important event, such as an exam or a job interview. Many people also feel \_\_\_\_\_ (6) when they move to a new city and do not know anyone. It takes time to make new friends.

When we feel \_\_\_\_\_ (7), it helps to talk to someone we trust. Good friends always \_\_\_\_\_ (8) us when we are going through a difficult time. They listen without judging.

It is important to be \_\_\_\_\_ (9) to the people around us — at home, at university, and in public. We should always \_\_\_\_\_ (10) well towards others, even when we are in a bad mood.

Being \_\_\_\_\_ (11) for your own actions is a sign of maturity. When you make a mistake, say sorry and try to do better next time.

# ANSWER KEY

## Exercise 9 — Food & Cooking

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|----------------|-----------|
| 1. ingredients | 2. diet   |
| 3. recipe      | 4. cook   |
| 5. meals       | 6. boil   |
| 7. sauce       | 8. bean   |
| 9. serve       | 10. taste |
| 11. fresh      |           |

◆ *Distractor: bowl*

## Exercise 10 — Sport & Competition

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|------------|---------------|
| 1. compete | 2. fair       |
| 3. match   | 4. train      |
| 5. coach   | 6. goal       |
| 7. defeat  | 8. champion   |
| 9. award   | 10. supporter |
| 11. score  |               |

◆ *Distractor: race*

## Exercise 11 — Cities & Public Life

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|--------------|---------------|
| 1. crowded   | 2. parking    |
| 3. traffic   | 4. pollution  |
| 5. transport | 6. government |
| 7. law       | 8. citizen    |
| 9. community | 10. public    |
| 11. capital  |               |

◆ *Distractor: square*

## Exercise 12 — Emotions & Relationships

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|---------------|------------|
| 1. friendship | 2. trust   |
| 3. argue      | 4. forgive |
| 5. nervous    | 6. lonely  |
| 7. upset      | 8. support |

9. polite

10. behave

11. responsible

◆ *Distractor: shy*